

Name: _____ Date: _____

Reading Over the Counter Drug Labels- Alternate Activity

Directions: Use the over-the-counter drug label to help you answer the following questions.

1. Should you store this medication in the freezer? (circle one) YES **NO**
2. Why or why not? *The label says the medication should be stored between 68°- 77° F (room temperature)*
3. What section of the label did you look at to find this information? *Other Information*

You have a cold, and you are sneezing, and you have a runny nose.

1. Should you be taking this medication? (circle one) YES **NO**
2. Why or why not? *This medication treats these symptoms when they are caused by hay fever or upper respiratory allergies, not the virus that causes a cold.*
3. What section of the label did you look at to find this information? *Uses*

You are playing outside with your 8-year-old cousin who has allergies. When you go inside, you notice he is sneezing a lot and he is complaining about his eyes itching. You want to give him ice cream to help him feel better, but your Aunt yells at you because your cousin is lactose intolerant, which means he can't have anything with lactose in it. She wants you to give him this medication instead.

1. Should you give this medication to your cousin? (circle one) YES **NO**
2. Why or why not? *This medication contains lactose, which your cousin is allergic to.*
3. What section of the label did you look at to find this information? *Inactive Ingredients*

You are babysitting your 5-year-old sister and she has an itchy throat and itchy, watery eyes because of her allergies. You want to give her some of this medication to help her feel better.

1. How much should you give her? *You need to ask the doctor first because this is the adult version of the medication.*
2. What section of the label did you look at to find this information? *Directions*

You found this box of allergy medication in the bottom of your backpack. Everything is still sealed, but you are not sure how long it has been in there.

1. How can you tell if it is still safe to use this medication? *Check the expiration date*

You are in the medicine aisle at a drug store and your mom asks you to pick out the flavor of cough drops you like. You found the cherry flavored ones, but you see the bag is already opened. It is the last bag of the cherry cough drops and it is the only kind you like.

1. Should you buy these cough drops? (circle one) YES **NO**
2. Why or why not? *The seal on the bag is meant to protect the consumer. If it is already open, the cough drops could have been tampered with or someone could have taken some.*